Fundamentals of telecommunications

Training materials for wireless trainers



The Abdus Salam International Centre for Theoretical Physics

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Goals

To present the basics concepts of telecommunication systems with focus on digital and wireless

Basic Concepts

- Signal
 - Analog, Digital, Random
- •Sampling
- Bandwidth
- •Spectrum
- Noise
- Interference
- •Channel Capacity
- •BER
- Modulation
- Multiplexing
- Duplexing

Telecommunication Signals

Telecommunication signals are variation over **time** of voltages, currents or light levels that carry information.

For analog signals, these variations are directly proportional to some physical variable like sound, light, temperature, wind speed, etc.

The information can also be transmitted by digital signals, that will have only two values, a digital **one** and a digital **zero**.

Telecommunication Signals

Any analog signal can be converted into a digital signal by appropriately **sampling** it.

The sampling frequency must be at least twice the maximum frequency present in the signal in order to carry **all** the information contained in it.

Random signal are the ones that are unpredictable and can be described only by statistical means.

Noise is a typical random signal, described by its mean power and frequency distribution.

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Examples of analog signals are voice and video, examples of digital signals are written text and the morse code used in telegraphy. Any analog signal can be converted to a digital one containing the same information. Digital signals are more robust and easier to store and transport, that is why nowadays digital signals prevail

Examples of Signals



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These are some examples of typical signals encountered in telecommunication systems.

Sinusoidal Signal



- w_{o} = $2\pi f_{o}$, angular frequency in radians
- f_o = frequency in Hz
- T = period in seconds, $T = I/f_o$

 Θ = Phase

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The sinusoidal signal is very important and can be expressed by a simple mathematical formula.

It contains a single frequency.

The phase is the offset from zero of the signal, when the offset is 90° we can also express the signal as $v(t)=A^*sin$ (w t)

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Signals and Spectra



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A signal can be characterized by its behavior over time or by its frequency components, which constitute its spectrum.

Any periodic signal is composed of many sinusoidal components, all of them multiples of the fundamental frequency, which is the inverse of the period of the signal.

Spectral analysis and filters



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The graph shows that we can look at a signal from the perspective of its evolution over time, or we can look at it from the perspective of its frequency component. When we look at it from this perspective, we are dealing with the spectrum of the signal. The waveform can be displayed by an instrument called an oscilloscope, while the spectrum can be displayed by

what is called a Spectrum Analyzer.

The spectrum distribution relays very important information about a the signal and allows for the intuitive understanding of the concept of filtering electrical signals.

In the example shown, the signal is formed by the superposition of three sinusoidal components of frequency f_1, f_2 and f_3 .

If pass this signal through a device that will remove f_2 and f_3 , the output is a pure sinusoidal with the f_1 frequency. We call this operation "**Low Pass filterin**g" because it removes the higher frequencies.

Conversely, we can apply the signal to a "High Pass Filter", a device that will remove f_1 and f_2 leaving only a sinusoidal signal at the f_3 frequency.

Other combinations are possible, giving rise to a variety of filters.

No physical device can transmit all the infinite frequencies of the electromagnetic spectrum, so any device will always perform some kind of filtering in the signal that goes through it. The bandwidth of a signal is the difference between the highest and the lowest frequency that it contains and is expressed in Hz.

Filter Types



Bandpass

Lowpass

- High Pass
- Bandstop

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An electrical filter is a device that selects a particular range of frequencies, heavily attenuating others.

A bandpass filter will only let through the frequencies between the lower cutoff and the upper cutoff. Can also be specified by a center frequency f_0 and a bandwidth B.

- A lowpass filter will block all the frequencies above the cutoff fo.
- A highpass filter will only allow the frequencies above fo.
- A bandstop filter, also called a notch filter, will remove the frequencies around fo.

Keep in mind that the skirt (transition region) of a filter is never vertical, so filters will not perfectly block frequencies near fo and will allow a certain amount of the frequencies that were supposed to block.

Regulatory bodies specify clearly this limitations by means of the "spectrum mask" which states clearly the amount of attenuation required in each frequency segment of interest.

Sampling



The sampled signal can be quantized and coded to convert it to a digital signal.

This is normally done with an ADC (Analog to Digital Converter). The recovery of the original signal is by means of a DAC.

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Nowadays the sampling and coding of the signal is done by a device known as ADC, normally an integrated circuit or a portion of a larger system on a chip. In the receiver, the opposite operation is performed by a Digital to Analog Converter (DAC) that will restore the original analog signal

Image Sampling

Normal, 72pixels/inch

Sampled Image, 10 pixels/inch



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To visualize the effect of sampling, the image of the left has a normal resolution, while the one on the right is shown at 10 pixels per inch, emphasizing the effect of sampling and quantization.



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Codification of a signal with 8 possible levels performed with 3 bit words. The voltage ranges from 0 to 7 volts divided in 8 quantization levels. The original analog signal is black. The sampling instant are represented by the yellow vertical lines.

The sampled signal is green. The sampled signal can have any value, so it is discrete in time but analog in voltage. The quantization process (Quantized signal in red), transforms the sampled signal into a digital multilevel signal (can only have discrete –numeric– values) which can be coded into a digital binary signal (will only have two possible values) shown with light blue background. For example, the first sample has a value 1.8, it is quantized as the number 2, and coded in the 3 bit long word 0 1 0, the second sample with a value of 4.0 is quantized as the number 4 and coded as 1 0 0, the third sample has a value of 6.2, quantized as the number 6 and binary coded as 1 1 0, the fourth, fifth and sixth sample have slightly different values, but they are all quantized in the same number 7 (this shows the quantizing error incurred), coded as 1 1 1. Although the quantization error cannot be corrected, its magnitude can be made as small as required by increasing the number of bits per sample. For instance, voice is normally coded with 8 bits per sample, but high fidelity music requires 14 bits per sample.

Why Digital?

Noise does not accumulate when you have a chain of devices like it happens in an analog system: CD Versus Vinyl, VHS Vs DVD.

The same goes for the storing of the information.

- Detection of a digital signal is easier than an analog signal, so digital signal can have greater range.
- Digital signals can use less bandwidth, as exemplified by the "*digital dividend*" currently being harnessed in many countries.
- Digital circuits are easier to design and can achieve greater integration levels than analog circuits.
- Digital signals can be encoded in ways that allow the recover from transmission errors, albeit at the expense of throughput.

Communication System



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The basic communication system is formed by a transmitter TX, a communication channel and a receiver RX

The transmitter injects a signal into the channel that delivers it to the receiver. The receiver must recover the information contained in the received signal despite the limitations introduced by the channel.

The channel can be a physical one, like a copper cable or an optical fiber, or simply air or even vacuum that will transmits electromagnetic waves.

Any channel is subject to some kind of electromagnetic "noise" and interference, will attenuate the signal and will change its shape (distortion).

Since it takes some time for the signal to traverse the channel, the received signal will have some latency with respect to the transmitted signal. This "latency" might change over time and contribute to "jitter" in the received signal.

The signal might also reach the receiver by means of different trajectories, and in this case the different received versions will interact as a consequence of the "multipath". Multipath can completely obliterate a signal but it can also used advantageously in some modern communications techniques which employ MIMO (Multiple Input Multiple Output) in order to extract the information contained in signals with different trajectories to increase the transmission rate or the range.

Signal Delay





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The bottom graph shows a delayed replica of the top signal. Delay is a very important aspect of the quality of a communication system. For a good voice quality, the total delay (also called latency) should be less than 150 ms, according to ITU-T G.114 recommendation. But when communicating through a geostationary satellite, the minimum delay is imposed by the propagation time up to the satellite orbiting at 36000 km above earth, and back down, for a total of 72000 km, which, at 300000 km/s, represents 0.24 s.

Attenuation



Transmitted Signal

Received Signal

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Although the effect of attenuation can easily be overcome with an amplifier, the amplifier will also enhance any noise introduced by the channel and inevitably introduce some extra noise of its own.

Noise in an analog Signal



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Noise can completely masquerade the transmitted signal. Telecommunications engineers have strived for a century to find better ways to recover the information contained in the signal contaminated by noise.

Bandwidth Limitation



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Every real channel will be limited in bandwidth, the effect is that of low pass filtering the signal, which means that any sharp transition in the input signal will be smoothed out by the channel and also some "ringing" will appear when the original signal was stable. Normally this effect will be taken care by the proper sampling of the received signal, but if it is too pronounced it can lead to transmission errors.

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Interference

Any signal different from the one that our system is designed to receive that is captured by the receiver impairs the communication and is called interference.

Intra-channel interference originates in the same channel as our signal.

Co-channel interference is due to the imperfection of the filters that will let in signals from adjacent channels.

Information Measurement

 $I = \log_2 (I/Pe)$

The information carried by a signal is expressed in bits and is proportional to the logarithm of the inverse of the probability of the occurrence of the corresponding event.

The more unlikely an event to happen, the more information its happening will carry.

Transmitting a message of an event that the receiver already knows carries no information.

The amount of information transmitted in one second is the **capacity** of the channel, expressed in bit/s.

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Transmitting the word "**quiz**" is an example of information content. When transmitting the first letter the receiver has to guess among all the 28 possible letters of the alphabet $(Pe=1/28, \log_2(28) = 4.8 \text{ bits})$, but after receiving the letter **q**, the only possibility is that the following letter will be a **u**, so the transmission of the **u** carries no information, The

transmission of the *i* carries a little more information because we know that we must receive a vowel, so we only have to guess among 5 possibilities, $I = \log_2(5) = 2.3$ bits

Redundancy

Sending twice the same information is a waste of the system capacity that reduces the **throughput**.

Nevertheless, if an error occurs, the redundancy can be used to overcome the error.

Every **error correcting code** must use some sort of redundancy.

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Coming back o the transmission of the word "quiz", if a transmission error prevents the reception of the first letter, the reception of the second letter now becomes very important because it let's us reconstruct the word and recover the lost letter.

Channel Capacity



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The bandwidth efficiency, or spectral efficiency, is an important figure of merit for communication systems because bandwidth is a scarce and valuable resource, so designers strive to pack as many bit/s in a certain amount of bandwidth as possible. This increases the complexity of the system and also the required S/N in order to correctly decode the received signal. That is why most systems provide greater capacity at shorter distances where the signal power is greater. Since capacity in bit/s is proportional to bandwidth in Hz, it is common to speak of "bandwidth" in bits/s. Bear in mind that the number of bits carried by each hertz can be as low as 1/2 or as high as 8.

Detection of a noisy signal





time, s



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In the figure, the original data consists of the **0 1 0 1 1 1 0** sequence. The **0s (zeros)** are represented as zero volts and the **1s** as 1 V. As the signal moves towards the receiver, its amplitude will diminish. This effect is called "attenuation" and is shown in the slide 18. Likewise, there will also be a delay as the signal moves from the transmitter to the receiver. Each of these impairments, if severe enough, can cause a detection error.

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An amplifier can be used to overcome the attenuation, but the electrical noise always present in the system will add to the received signal. The noisy received signal is therefore quite different from the original signal, but since it is a digital system we can still recover the information contained by sampling the received signal and comparing the value at the sampling time with a suitable threshold voltage. In this example the noise received signal has a peak of 1.8 V, so we might choose e threshold voltage of 0.9 V. IF the received signal is above the threshold, the detector will output a digital **1**, otherwise, it will output a **0**. In this case we can see that because of the effect of the noise the fifth bit was erroneously detected as a zero.

Transmission errors can also occur if the sampling signal period is different from that of the original data (difference in the clock rates), or if the receiver clock is not stable enough (jitter). Any physical system will have an upper limit in the frequencies that will transmit without attenuation (the bandwidth of the system), so the abrupt rise and fall of the voltage will be smoothed out as the signal goes through the channel. Therefore, we must make sure that each of the elements of the system has enough bandwidth to handle the signal. On the other hand, the greater the bandwidth of the receiver system, the greater the amount of the noise that will affect the received signal.

MoDem



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In order to transmit a digital signal at a reasonable distance it has to be processed by a modulator.

The modulator can:

Select the frequency at which the signal will be transmitted over the channel.

Allow for different signals to share the same modulation channel, in a process known as multiplexing.

Adapt the signals parameters to suit the requirements of a given channel (bandwidth, spectral properties, noise robustness, etc.).

Provide the flexibility to exchange spectral efficiency for robustness, as needed.

Of course, at the receiving end, the inverse operation, called demodulation, needs to be performed. So in bidirectional systems a single device will perform both operations and therefore will be called a modem.

The word modem is a combination of the words modulation and demodulation which is precisely what a modem does. A modem can also be viewed as a device that takes digital information, transfers it on to a medium to allow transportation of the information, and at the other end, removes the information from the medium and restores it to it's original digital form. This brings up two distinguishing characteristics of a modem, the type of information it accepts and the media that it operates upon. In the case of WiFi modems, the information is data 10BT or 100BT Ethernet format and the media radio.

The type of medium employed by the modem dictates the type of modulation it will employ, The medium can be a copper cable, an optical fiber or an electromagnetic wave in free space. Although the modem is a separate building block, it is often embedded in a laptop or in a wireless router.

Comparison of modulation techniques



Digital Sequence

ASK modulation

FSK modulation

PSK modulation

QAM modulation, changes both amplitude and phase

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The digital sequence 1 0 1 0 is shown modulating a sinusoidal carrier in ASK (Amplitude Shifting Keying), FSK (Frequency Shifting Keying), PSK (Phase Shifting Keying) and QAM (Quadrature Amplitude Modulation). Quadrature modulation is another term used for binary phase modulation. There is a great number of modulation techniques derived from these

basic schemes.

BER Versus E_b/N_o



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The **bit error rate** (**BER**) is the number of erroneous received bits divided by the total number of transferred bits, often expressed as a percentage.

 E_b is energy per bit. N_o is noise spectral density. An Additive White Gaussian noise (AWGN) channel is assumed, as a typical case.

The graph shows the very non-linear relationship between the BER and the E_b/N_o for different modulation schemes. For a BER of 10^{-4} , the signal to noise ratio has to be 8.3 dB in very robust modulation schemes like BPSK (Bipolar Phase Shifting Keying). If we use 8–PSK (eight states Phase Shifting Keying), we need an E_b/N_o of 10.7 dB. This is the price to be paid in order to be able to distinguish among 8 possible states of the received signal instead of 2. But now we can pack 3 bits per each transmitted symbol. If we use 16–PSK, we can code 4 bits per symbol, but we will need 16 dB of E_b/N_o .

There is always a trade-off between the E_b/N_o and the data rate we can achieve with the same error probability. We can pack more bits per symbol, thus achieving better throughput, but we need to have stronger signal. In practice this means that the closer you are to the transmitter, the faster the data transfer that you can get.

Often a BER of 10⁻⁵ is the target for radio channel. What will the required S/N be for 8-PSK modulation?

 $E_b/N_o = (bits/Symbol)*S/N$

On fiber optics communication channels there is very little noise, so a BER of 10^{-9} is the norm.

Comparison of modulation types

BER of 10⁻⁶

Mod.Type	Bits/Symbol	Required E _b /N _o
I 6 PSK	4	I8 dB
I6 QAM	4	I5 dB
8 PSK	3	I4.5 dB
4 PSK	2	IO.I dB
4 QAM	2	IO.I dB
BFSK		13.5 dB
BPSK		10.5 dB

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E_b: Energy per bit

No: Noise spectral density, W/Hz

In this example we assume a different model for the channel and aim to a BER of 10⁻⁶, we get an interesting comparison of modulation schemes.

Notice that both 16-PSK and 16-QAM (Quadrature Amplitude Modulation) offer the same number of bits per transmitted symbol, yet there is a 3 bit difference in the required E_b/N_o . This is due to the fact that noise in the channel will affect more the amplitude than the phase of the signal, at higher Eb/No ratios. This is not the case at a Eb/No of 10.1 dB where the performance of 4-PSK and 4-QAM is the same.

Multiplexing



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Multiplexing is the sharing of a single communication channel among different users. The communication channel can be a copper wire, an optical fiber, or the space between a transmitting and a receiving antenna.

Different users can be distinguished by means of different frequencies, time slots, codes or regions of space. At the receiving end the opposite operation must be performed to retrieve the individual streams and deliver them to the corresponding destination

Medium sharing techniques



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In FDMA (Frequency Division Multiple Access), each user has a different frequency band allocated.

In TDMA (Time Division Multiple Access), each user has a different time slot allocated, while the same frequency is shared among all the users of the service.

IN CDMA (Code Division Multiple Access), the users are distinguished by means of a special mathematical code, while sharing the same frequency and time slots.

Example: U.S. Television Channels Allocation

Signal Power



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Nominal bandwidth per channel is 6 MHz, but since the filters used at the transmitter are not perfect, there is always some "bleeding" of the signal in adjacent channels. So, in any given area if channel 2 is being used, channel 3 will be left vacant and the next usable channel will be channel 4, and then 6 and so on. These "guard bands" that most be

- kept empty to avoid interference are a waste of valuable spectrum, and, in the case of TV, are called "White Spaces".
- Digital TV has a narrower spectrum and these White Spaces can be claimed to be used for other applications in what is called the "Digital Dividend".
- Alternatively, sophisticated modulation techniques can be employed to remove the adjacent channel's interference, by means of OFDM (Orthogonal Frequency Diversity Modulation) which is employed in many newer systems to make better use of the available spectrum.

CDMA analogy

Two messages superposed, one in yellow and one in blue

A blue filter reveals what is written in yellow

A yellow filter reveals what is written in blue u h like in a distant h whoose windows used by the mobils. The catious setting is 4095/Nochips (512 hips--1/8 chip) of Associate 18.8 miles from the dite would be at the eight fitter maximum who setting, and could not be a setting, and could not

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This visual analogy is aimed at explaining how two different messages can be superimposed in the same medium and later separated by the proper decoding technique.

Types of transmissions

Simplex:

one way only, example: TV Broadcasting

Half-duplex:

the corresponding stations have to take turns to access the medium, example: walkie-talkie. Requires hand-shaking to coordinate access. This technique is called **TDD** (Time Division Duplexing)

Full-duplex:

the two corresponding stations can transmit simultaneously, employing different frequencies. This technique is called **FDD** (Frequency Division Duplexing). A guard band must be allowed between the two frequencies in use.

Conclusions

The communication system must overcome the noise and interference to deliver a suitable replica of the signal to the receiver.

The capacity of the communication channel is proportional to the bandwidth and to the logarithm of the S/N ratio.

Modulation is used to adapt the signal to the channel and to allow several signals to share the same channel. Higher order modulation schemes permit higher transmission rates, but require higher S/N ratio. The channel can be shared by several uses that occupy different frequencies, different time slots or different codes

Thank you for your attention

For more details about the topics presented in this lecture, please see the book **Wireless Networking in the Developing World**,

available as a free download in many languages:

http://wndw.net/

